

Table 4

Factor loadings resulting from the confirmatory factor analysis of the YAM-5 items of part-I.

Item	Factor loadings				
	SEP ^a	SM ^b	SAD ^c	PAN ^d	GAD ^e
I am afraid to go anywhere without my parents	0.445				
I get frightened if my parents leave the house without me	0.445				
I am afraid that my parents will leave and never come back	0.652				
I am afraid that something bad will happen, so I'll never see my parents again	0.802				
I have very scary dreams that I lose my parents	0.603				
I don't feel well when I have to go somewhere without my parents	0.463				
At school I don't speak to the teacher at all		0.354			
If I meet a new person, I don't speak at all		0.604			
At school I don't speak at all to the kids in my class		0.169			
I don't speak at all when there is a new visitor at our home		0.538			
I find it scary to meet new people			0.500		
I find it scary to eat or drink if other people are looking at me			0.419		
I am afraid that others will see that I blush			0.462		
I am afraid I'll do something embarrassing			0.704		
I am very afraid that other kids don't like me			0.679		
I am afraid that I might do or say something stupid in front of others			0.758		
I panic for no reason				0.673	
I suffer from anxiety or panic attacks				0.677	
All of a sudden I become so scared that my heart starts to beat very quickly				0.694	
I have severe anxiety attacks during which I tremble all over my body				0.602	
I am afraid of having a new anxiety or panic attack				0.560	
I worry about a lot of things					0.709
I think a lot about what can go wrong					0.731
I find it hard to stop worrying					0.660
I worry a lot about not doing well at school					0.600
I worry a lot about all the bad things than happen in the world					0.538
I don't feel well because I worry so much					0.721

^a SEP: separation anxiety disorder.^b SM: selective mutism.^c SAD: social anxiety disorder.^d PAN: panic disorder.**Table 5**

Factor loadings resulting from the confirmatory factor analysis of the YAM-5 items of part-II.

Item	Factor loadings				
	ANI ^a	NAT ^b	BI ^c	SIT ^d	OTH ^e
I am afraid...					
of wasps	0.571				
of dogs	0.226				
of spiders	0.588				
of snakes	0.631				
of cats	0.313				
of the dark		0.553			
of heights		0.363			
of thunderstorms		0.639			
to swim in deep water		0.457			
of getting an injection			0.692		
of undergoing a small medical operation			0.729		
of blood			0.496		
to travel in an airplane				0.442	
when crossing a large town square				0.339	
of being in crowded places with lots of people				0.546	
when travelling by bus or train				0.458	
to go in an elevator				0.483	
to go through a long tunnel				0.606	
of loud noises					0.589
of people who are dressed up in costumes					0.349
that I will feel sick and have to vomit					0.518
of choking when I eat or drink					0.427

^a ANI: phobia animal type.^b NAT: phobia natural environment type.^c BI: phobia blood-injection-injury type.^d SIT: phobia situational type/agoraphobia.^e OTH: other types.

items in this scale and the fact that symptoms of this disorder have a low prevalence (Muris et al., 2017), certainly in community samples. Furthermore, the face validity study (Muris et al., 2017) showed that almost 20% of the experts had difficulty to correctly categorize the items of this scale, and most frequently categorized these symptoms as social anxiety disorder, whereas they found it less difficult to categorize the items of any of the other Part I subscales to the correct subscale. The experts' difficulty could also reflect a low coherence within the subscale selective mutism. With regard to the internal consistencies of part II (phobias), much lower internal consistencies of the subscales were retrieved compared to part I. In contrast to part I, the items of part II do